



Fort Riley

Community



In Step on Channel 2

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8 a.m.....In Step
Noon.....In Step
6 p.m.....In Step
10 p.m.....In Step

July 26, 2002

America's Warfighting Center

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Rodeo special for participants

By Jamie Bender
Staff writer

More than 30 children participated in the special needs rodeo that took place on July 20 at the 4-1 Center Rodeo Arena. This is the 19th year that the Exceptional

Family Member Program has done the special needs rodeo.

Children qualify for the special needs program when they have any diagnoses, from mild to severe, either medically or educationally, said Laurie McCauley, Exceptional Family Member Program manager. That can range

from mild asthma to learning disabilities, to attention deficit disorder, to Cerebral palsy, she added. The children in the rodeo range from 5 to 12 years old, McCauley said.

After donning their rodeo T-shirts, bandannas and cowboy hats, the kids were paired up with a cowboy or cowgirl that competed in the Junction City Rodeo, and that person helped the kids through each of the events.

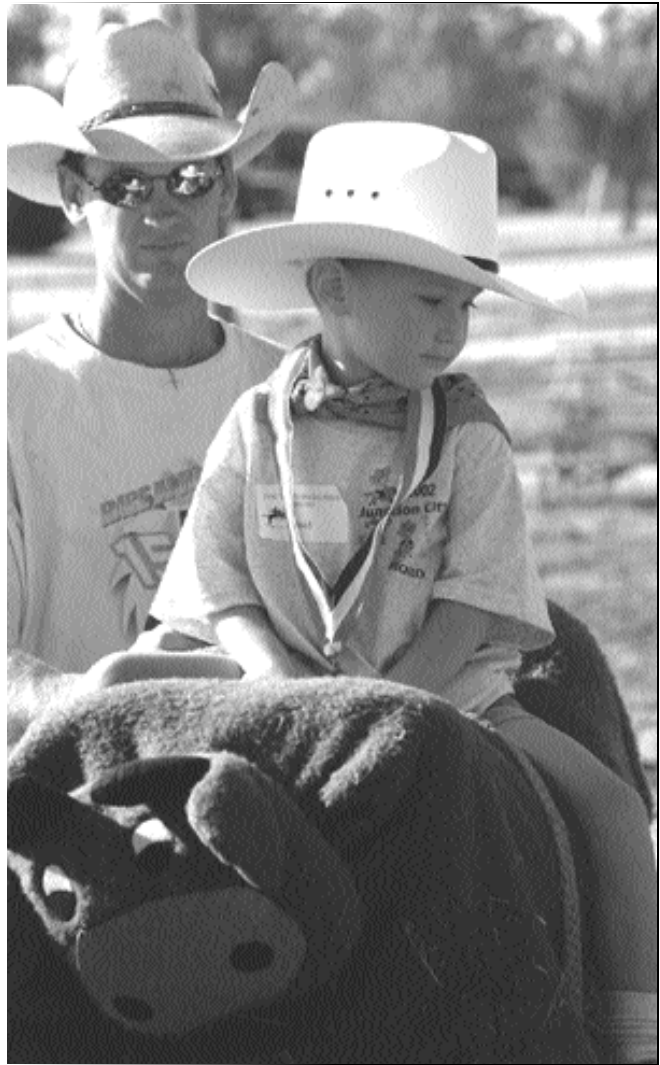
The kids were able to rope steers, ride a bucking horse and a horse led by cowboys and cowgirls. The steers for the event were bales of hay with a plastic steer's head attached to one end. With the help of a cowboy, the kids tossed a rope over the steer's head and pulled it tight. A stuffed horse mounted on a board and laid over a hay bale was rocked back and forth like a teeter-totter to give the kids a bucking bronco ride.

"I had fun," said Savanah Wimberley, daughter of Master Sgt. Larry and Rose Wimberley.

"We are glad [the special needs rodeo] is here. It's nice that they put this on for the kids, and we are looking forward to doing it again next year," said Rose Wimberley. "Laurie McCauley did a great job setting this up."

McCauley said the special needs rodeo is a great way for Fort Riley to work with the Junction City community. "The kids love it and their families have a lot of fun," she said. McCauley also credits the volunteers who help move equipment and set up for the rodeo with helping make it a success. She said their help made the rodeo much easier to put on. McCauley said she appreciates the sponsors who made it possible to have the rodeo.

Anyone who is interested in volunteering for the special needs program can reach McCauley at the Soldier and Family Support Center, 239-9435.



Post/Bender

David Bush rides a bucking horse at the Special Needs Rodeo held in Junction City.



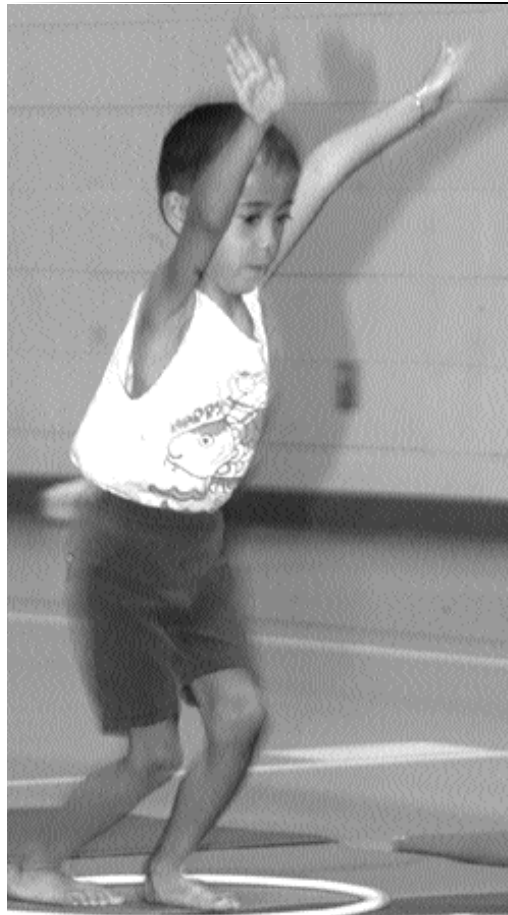
Post/Bender

All dressed up in his rodeo duds, Tyler Croston ropes a steer at the Special Needs Rodeo held in Junction City.

Physical fitness, self-esteem benefits of youth gymnastics classes

By Emily O'Connor
K-State Intern

Imagine your child laughing, giggling and enjoying him or herself in a class designed to promote physical fitness and overall well-being, while also improving self-esteem and social skills.



Do you think this scenario sounds too good to be true? For some Fort Riley children, this type of class is a reality.

Flipping, tumbling and doing cartwheels are now weekly activities for 45 Fort Riley children. These children are taking advantage of a number of gymnastics classes being taught by Babette Ingle, a contracted instructor.

According to Ingle, it is important for children to be enrolled in activities such as gymnastics classes because it is good for physical fitness, muscle coordination and the overall self-esteem of the children.

"I love making children feel better about themselves, and gymnastics gives them that self-esteem they need," Ingle said.

Eight gymnastics classes

are currently being offered, with a total enrollment of 45 students. Many classes are needed to accommodate the needs of the children, ages 3 to 15.

The weekly sessions are divided up into different categories by age: 3 to 4-year-olds, 5 to 6-year-olds, 7 to 9-year-olds and then 10 to 15 year olds are in classes together.

The children enjoy the classes, but they work hard also.

"I like doing the rolls in class," said Renee Lejjena, 6, of Fort Riley. "Some of the things we do are pretty hard."

There are six children enrolled in Lejjena's class, which meets on Wednesday evenings at 6 p.m. The classes are offered Mondays every hour from 4 to 7 p.m.

One of Lejjena's classmates, Candace Ogden, 6, of Fort Riley, says that her favorite part of the gymnastics class is the balance beam.

Gymnastics class is not the only class

Ogden is involved in.

"I have karate, gymnastics and swimming," Ogden said. "But gymnastics is my favorite."

"Right now there's an issue on post about bringing in more activities for younger children," according to Kay Forman, School Liaison Officer. "There aren't many activities for 3-year-olds on post and this opportunity (gymnastics) increases their social skills and gives them more confidence so they will be ready for school."

Cassandra Ayers, mother of gymnastics student Alexandria, 4, started her daughter in gymnastics because she wanted Alexandria to be around her peers, and she likes the class' instructor. "Ms. Bette is absolutely wonderful with the children. She really does love what she is doing."

The classes that Ingle instructs are considered more of a recreational type of

gymnastics because she does not use the bars, beams and vault that are commonly associated with competitive gymnastics. There simply isn't enough available room to store an array of gymnastics equipment, Ingle said. However, she does her best to improvise with what equipment is available, she said.

While fitness and self-esteem are a large part of gymnastics, the happiness of the children is the most important part.

"In order to make children happy, you have to know what they want and like," Ingle said. "So with me, whether they do it right or wrong, I congratulate them with a smile and say 'now let's make it better.'"

Parents may still enroll their children in a gymnastics class at the cost of \$20 per child per month. Enrollment is handled through Fort Riley Central Registration at 239-9935.



Post/Bender

Katheryne Hanger, 4, stretches as part of her warm-up for gymnastics class. Above, Alexandria Ayers, 4, does a back bend during her warm-up.



Jordan Anderson, right, beats the heat with Kyle Jones by running through water from a sprinkler at the Child Development Center.



Kyle Jones giggles as he cools off in water from a sprinkler at the Child Development Center July 19.

Children enjoy summer activities

By Jamie Bender
Staff Writer

With the temperatures rising into the triple digits during the summer, most everyone looks for ways to cool off.

Every Friday is Water Play Day at the Fort Riley Child Development Center. From 9 to 11 a.m. the kids at the CDC run through the sprinkler, said Nikki Crisman, CDC director. “We have water play in the morning before it gets too hot,” she said.

The kids enjoy water play day so much that sometimes parents bring them in on their day off just to participate, Crisman said.

There is water play available inside as well. A sensory table with water and bubbles is available for kids to put their hands in. Outdoor water play with the sprinkler allows kids to get into the water and be splashed. “That way they get to see that water is not something to be afraid of,” Crisman said.

Bands play tonight at Sports USA

By Steven Cooke
Staff Writer

Better Opportunity for Single Soldiers will host a Battle of the Bands competition tonight at Sports USA at 7 p.m.

“There are not a lot opportunities to see live music in the surrounding community, but on this one night you will be able to see

eight different local bands,” said Spec. Jason Dunlap, president of BOSS. “It ought to be a great show.”

The competition will feature eight different bands, each covering a different genres of music, from hard rock to punk to light rock.

Scheduled performers include The Blakes, Word of Mouth, Scholar, Common Ground, Trip-

wire, Something’s loose, Wicked Spectrum and B.A.

Prior to the battle, a local radio station will do a live remote from Sports USA beginning at 5 p.m.

Tickets are available for Battle of the Bands in advance at Information, Ticketing and Registration and Sports USA. Tickets will also be available at the door for \$5, Dunlap said.

Soldier Show tickets available now

By Jamie Bender
Staff Writer

The Army Soldier Show 2002, an Army Entertainment Production, will be performed on Aug. 10 at Kansas State University in McCain Auditorium. The Army Soldier Show is a variety show performed by soldiers.

Fort Riley has two soldiers involved in the show this year.

Sgt. Albert Latuch, a network switching operator/maintainer, is a performer in the show and Sgt. Tobin Atkinson, a Salt Lake City, Utah, native, is the show’s stage manager.

Free tickets are now available at the Information, Ticketing and Registration Office for the two show performances in Manhattan. Show times will be 2 and 7:30 p.m. Seating is numbered and seats are available for orchestra

and lower and upper balcony. There is no limit on the number of tickets per person, however, ITR asks that if you do not use all your tickets please return them for others to use.

For information on the Army Soldier Show or other recreational activities, call ITR at 239-5614.

Editor’s Note: See next week’s Fort Riley Post for more on the two Fort Riley soldiers involved in this year’s show.

Prairie Run early entry deadline July 31

By Christopher Selmek
19th PAD

The Fort Riley Prairie 10-5-2 Run will be held Aug. 3.

The entry fee is \$10 per individual before July 31, which includes a free t-shirt with entry. The price rises to \$12 per individual after July 31 and a t-shirt is not guaranteed.

Packet pickup and same day registration for all three races is between 6 and 6:45 a.m. on the day of the race.

The run consists of three different races, a 10-mile race and 5-mile race, both at 7:30 a.m. and a 2-mile at 7 a.m. Races are open to the Fort Riley community and

general public.

All of the events start and finish at the King Field House gymnasium on Main Post.

Not many people are registered for the races so far, according to Barry Sunstrom, intramural sports coordinator. “We hope that registration booms here over the next week.”

Awards will be given to the top three finishers in each gender and age category of each race. An overall first place award will be given to the top male and female finisher in each race.

Entrants are also invited to attend a pre-race pasta dinner at Sports USA on Aug. 2 at 6:30 p.m. to fill up with energizing carbohydrates.

The cost is \$5.75 per person, which can be paid for with registration or at the door, and includes three pastas, marinara sauce, breadsticks, salad and pizza.

The Fort Riley race also serves as the local qualifier for this year’s Army Ten Miler.

The winners of the local 10-mile event will also go on to run in the annual Army race later this year.

Dogs, strollers, baby joggers, skateboards, roller skates, motorized vehicles, bicycles or headsets are not permitted on the course during the race for the safety and convenience of the runners.

For more information contact the King Field House at 239-3868.

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Fort Riley Sports

4th ADA wins golf tournament

By Steven Cooke
Staff Writer

Fort Riley hosted a two-day battalion Golf Tournament July 10-21 at the Custer Hill Golf Course. Playing in the Tournament were soldiers of Battery C, 1st battalion, 4th Air Defense Artillery; 70th Engineer Battalion



Post/Cooke

Chris Benson was the second place individual winner in the battalion tournament.

and the 924th Military Police Battalion.

The 1st place team was Battery C, 1st Battalion, 4th Air Defense Artillery and 2nd place went to 924th Military Police Battalion. But it was Todd Witlock and Chris Benson of 70th Engineer Battalion that won first and second place respectively in the individual competition.

Witlock and Benson were very modest about their wins.

“I played fair, about average,” said Witlock. “The only reason I came in first is because the good players couldn’t play.”

“I played a consistent game,” said Benson. “But I’m very surprised that I came in second place.”

Benson did mention earlier that though he scored four pars he also hit a few doubles and triples.

Witlock said that his performance the first day did effect his playing the second day.

“I used a little more conservation,” said Witlock. “Like using my three iron or three wood.”

Witlock said he remembered a great moment for Benson during the tournament.

“On hole 15 he shot off of a big fat tree root and hit within two feet of the hole,” said Witlock. “That was a great shot.”

For himself, Witlock remembered great shot also.

“(I had) one really long birdie

putt on a par three,” he said. “It was about 35 feet.”

Because the tournament was two days, the players said they were able to learn from their mistakes and play better the second day.

“It’s embarrassing,” said Josh Flemming. “I started out really bad. A lot of eyes watching you, and you don’t want to mess up. Today, though, I’m more focused.”

“I played horrible yesterday. I haven’t played in two months,” said Daniel Jackson. “I’m learning from my mistakes. Controlling my swing and playing safe.”

If the units so desired, they could have had their participation in the tournament count toward Commanders Cup Points, according to Barry Sunstrom, Intramural Coordinator for Fort Riley. The Commander’s Cup is awarded yearly to the unit with most participation in sports. In order to earn the points, the units must first say they want to participate, then they must meet the requirements for each event, like supplying a certain number of players. Then, how well they do at the event determines how many points the unit will get. Only one of the teams, 924th MPs, received Commander’s Cup points for their participation in the Battalion Golf Tournament. They received a total of 305 points.



Post/Cooke

Dan Lorenzo sinks a putt on the final day of the Battalion Golf Tournament held at Fort Riley’s Custer Hill Golf Course.

Custer Hill course offers low fees

By Heather Pope
Radford Univ. Intern

It’s time to tee up at Custer Hill! “Everyone, including civilians and surrounding communities, is invited to play,” said Amanda Schable, greens foreman at the Fort Riley Custer Hill Golf Course. “It’s easy to get on post, and if you want to be challenged, Custer Hill is the place,” said Command Sgt. Maj. Kenneth Fyffe, garrison sergeant major.

Nine holes of Custer Hill are a Robert Trent Jones Sr. design. “He (Robert Trent Jones Sr.) is a world renowned golf course designer that challenges golfers both mentally and physically,” Fyffe said.

The main reasons Fyffe plays golf at Custer Hill are convenience and cost. According to Fyffe, Custer Hill offers competitive prices. “Custer Hill is a great place to golf, its family oriented and user friendly,” he said.

“Custer Hill has the best prices around, especially for E-4 and below,” said Schable. “In this area, the absolute cheapest (annual fee) you could get is \$350, our prices are awesome,” she said.

Custer Hill also offers lessons for those who don’t play golf and want to learn how.

Schable said Jim Peterson conducts these lessons. He attended the Professional Golf Association School and is the Business Manager the Custer Hill course.

“A 45 minute lesson is \$30,” said Schable. Group and child lessons are also available upon request.

“There is a junior clinic (ages 5-15) once every summer,” explained Schable. Anytime kids want lessons of their own, it’s the same price as adult lessons she said.

Schable said one thing that’s not taken advantage of is golf tournaments. “Units and civilians can have tournaments up here at anytime,” she said.

“We also do golf club repairs priced on each case, and there is a room available for meetings or promotion parties,” she said. There is no rental fee for the room according to Schable, she just asks that the room be cleaned up when it’s finished being used. If food is needed for an event, the personnel at Custer Hill Golf Course can cook the food provided by the group. But, if food is ordered out, there is a charge of \$2 per person, Schable added.

For more information on Custer Hill Golf Course or its facilities, call 239-5412.

Custer Hill Golf Course Fees	
Regular:	
E-1 - E-4:	Free during the week \$7 on weekends
E-5 & above	(including civilians): \$10 during the week \$13 on weekends
Carts:	\$12 per person, per cart
Trail fees:	\$6
Range tokens:	\$2 per bucket (25-30 balls)
Club rental:	\$5
Twilight Fees:	
	E-5 & above: \$7 green fee during the week \$10 green fee on weekends
Cart: \$7	
Annual Fees:	
	E-5 to E-7: \$285 E-7 & up & Civilians: \$385

Poison ivy does not cause irritating rash if plant’s oil is avoided

By Alan Hynek
DES Administrator

Poison ivy has long been the ill-fated demise of many fishing,



camping and hiking trips. Just the very thought of it can make some people itch. However, there are steps that can help you evade the misery of a poison ivy rash while

still enjoying the great outdoors.

The best line of defense against this contracting this unwanted annoyance is avoidance. Therefore, proper recognition of the plant must first be achieved.

The plant is usually in the form of a vine, clinging to trees and buildings. However, in some instances, it can actually stand alone, looking more like a small shrub. The leaves are characteristically in groups of three, hence the old saying, “Leaves of three, beware of me.” Each leaf is about equal in size and usually has a small notch or lobe on either side. The leaves have a glossv appear-

is also one of the first to turn color, signaling the coming cooler weather.

There is a lot of confusion about poisonous plants and which occur on Fort Riley. Poison ivy is very common on post and can be found just about anywhere. The true poison oak only occurs, and

On the Wildside: News About Nature

very rarely, in southeast Kansas and does not venture this far west. It is so uncommon, in fact, that poison oak is a state listed species in Missouri.

tropical and subtropical regions of the U.S. and include such notables as pistachio and mango.

The particular chemical in poison ivy that produces the rash is an oil called “toxicodendrol.” This substance is contained entirely within the stem and leaves, so in theory, an intact plant

will not cause a rash. Only when a leaf is bruised or stems broken will the oils be released, causing the possibility of contact. Only a small amount of the chemical is

ing.

If you suspect that you have come into contact with poison ivy, a rash may be potentially avoided by washing the area thoroughly with soap and cool water. There are also several commercial products available for the removal of poison ivy that helps avoid the onset of a rash. The “contact dermatitis” caused by the reaction to toxicodendrol is a delayed reaction which may take two to seven days to appear.

If a rash does develop, the best treatment is to applying frequent tap water compresses followed by

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Commentary

Woods shows why golf is tough game to master

By Kevin Doheny
19th PAD

Last weekend was not a good one for golf-great Tiger Woods. Tiger battled the weather and the course at the Muirfield Golf Links in East Lothian, Scotland, Saturday and showed us even the best have trouble with this game. Tiger Woods is my favorite golfer, but even watching him struggle through 18 holes like never before, I again was reminded of why golf is such a tough sport, and I was somewhat elieved. I figured my high rounds were just because I'm horrible at the game. After Saturday, I was feeling a little better about my golf game. There is so much going on in every swing, ball flight and landing, it just makes golf impossible to master. It kind of makes a person feel good when the best in world are struggling to shoot a 10 over-par round. It makes my shots into the rough not look so bad. So why is this game so tough to master? I'm sure everyone has their own opinions of why, but golf is one of the few sports where you don't directly compete against another person. You compete against the course, Mother Nature and sometimes yourself. Not only does the course change with the weather, but also the ball flight is changed due to wind and rain, or whatever Mother Nature throws at the golfer. Not only does the weather hamper the golfer, but his swing can also affect how well or bad the golfer plays a round. Even if the weather is ideal, a golfer's swing is the most important factor in the game. Without a good swing and solid contact, the ball will not end up close to where the golfer wants it to be. For example, if the golfer is playing on a course where the

weather is perfect, say 75 degrees, no wind and nothing but sunshine, but his swing is not comfortable, the ball has no chance to be placed where he needs it to be. I can only compare this struggle to a baseball swing. It's sort of similar, in a way, because if a batter is struggling and he is not comfortable with his swing, it becomes a difficult task for him to hit a ball where he wants, or even at all. For the average golfer, all these things factor in on every swing. The weather, swing, ball strike and follow through are important factors in a perfect golf shot. Tiger did none of these things well on Saturday. Tiger is the closest thing we have to perfection in golf.. He is winning at a record percentage and, even with his poise and confidence, the game is bigger than Tiger.

So, if the Tiger can have trouble on any given weekend, then there is hope for all of us avid golfers. Even though his 81 was the worst round he has ever shot as a professional, it makes him a little more human. It also puts him a little closer to the rest of us. So if the game can tame the most talented golfer in the world, then this game has to be too difficult to master.

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Go Home and Pick Up...

Korea after 50 years - Reds demand Chinese POWs return

By Joe Burlas
Army News Service

WASHINGTON — Truce talks continued to be stalled on the number of prisoners to be exchanged, 50 years ago this week in Korea.

July 25-31, 1952 — The truce talks enter their third week of closed sessions. But a spokesman for the U.N. delegation tells reporters July 25 that the Reds insist that all Chinese POWs held by the U.N. must be returned, no matter what the prisoners want. There was no similar insistence on return of all North Koreans. The communists also insist that at least 110,000 POWs be returned to them.

Maj. Gen. William K. Harrison, head of the U.N. truce team, then tells media members that talks have been “fruitless” and they are deadlocked over repatriation of prisoners. He says he called a weeklong recess at the senior level because Lt. Gen. Nam Il, head of the communist delegation, had returned to diatribes rather than serious discussion.

Staff officers continue to meet until July 29 when the U.N. team charges the communists are stalling by quibbling over wording of agreements already reached by both sides.

Chief of Naval Operations Adm. William M. Fechteler says on his return to Washington from the Far East July 28 that there will be a truce “because the communists want it.”

Gen. James Van Fleet, Eighth Army commander, is more pessimistic when he tells reporters July 30 that there is “less chance of an armistice than ever before.”

He explains that the communists have pulled some of their troops off the line. One reason is to help cut down on their casualties, but they are also beefing up coastal and Yalu River defenses to guard against attacks in those directions.

Harrison sends Nam a letter July 31 demanding information on 2,000 U.N. servicemen relieved to be held by the com-

munists, but whose names were not on the lists of prisoners the Reds submitted.

In combat, the 2nd Infantry Division in the I Corps western zone around Old Baldy trades blows with Chinese forces holding most of the hill. Then rains come on July 28 forcing both sides to stop the battles.

July 27 — British carrier aircraft from the Bon Homme Richard strike a lead and zinc mine and mill at Sindok.

U.S. Ambassador to Russia George F. Kennan refuses to attend the Soviet Aviation Day in Moscow because the Soviets advertised it with posters showing Soviet planes forcing down three American aircraft. Kennan

protests to the Soviet Foreign Office about the “Hate America” campaign. The French and British ambassadors stay away to support Kennan.

The South Korean government lifts martial law in the country below the Han River so there will be a “free atmosphere” in which to vote for the Republic of Korea president Aug. 5.

July 28 — U.S. planes from the carrier Princeton hit a magnesium plant at Kilchu.

British Army Maj. Gen. Stephen N. Shoosmith is appointed as the British chief of staff to Gen. Mark Clark, U.N. supreme commander. British politicians have been clamoring for a position in Clark’s command structure, apparently thinking that will

influence Clark’s decisions. But Shoosmith, former commander of the British Joint Staff Mission in Washington, D.C., soon lets it be known that he will serve just as do all Clark’s staff officers. He will not be a British agent reporting day-to-day developments back to England.

July 29 — An Army court-martial at Fort Meade, Md., convicts Maj. Gen. Robert W. Grow of improper use of and failure to guard secret information. He is sentenced to a reprimand and a six-month suspension from command. Apparently the communists stole Grow’s diary that he kept while a military attaché to Moscow from a hotel room in Frankfurt when he visited there. They apparently photographed it and returned it to his room so Grow didn’t realize it had been taken. He and his superiors realize it only when the communist propaganda machine begins repeating some of the entries.

However, several inflammatory statements attributed to him were propaganda fabrications.

The Air Force debunks reports by its radar operators and civilians about “flying saucers.” They say the “objects” are “natural phenomena,” probably caused by temperature inversions or ground vehicles that radars sometime pick up.

July 30 — U.S. Air Force aircraft drop leaflets July 30 on the Oriental Light Metals Company plant five miles south of Manchuria warning civilians to leave because the plant is going to be bombed. Several hours later 63 B-29 Superfortresses drop 600 tons of bombs on the plant.

It is the largest B-29 mission of the war against a single target. Enemy antiaircraft weapons, along with 25-30 communist jet fighters, greet the bombers, but all B-29s safely return to their base in Japan. The plant is heavily damaged.

The Defense Department releases the weekly count of American casualties in Korea through July 25 - 113,688, including 19,979 dead.

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